



# MENTAL WELLNESS WORKSHOP

Academy families are invited to join us to discuss strategies on how we can support our children to maintain their mental health while also caring for ours.

This session is open to all families within The Academy Charter School!

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Thursday, October 21, 2021 @ 6pm

<https://tinyurl.com/TACSMentalWellness2021>

Meeting ID: 247 356 8572

Meeting Passcode: 531532

For questions, email Ms. Maraj, School Social Worker @  
[kmaraj@academycharterschool.org](mailto:kmaraj@academycharterschool.org).

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**A partnership between:**

Derner Hempstead Child Clinic @ Adelphi University  
and  
The Academy Charter School

